



PS Third Age Learning – Term 1 Program Planner – 5 February – 28 March 2024

Monday	Tuesday	Wednesday	Thursday	Friday
5 February – Start 1st Term Tai Chi [W] 10.30-11.30 (BEGINNER) Tai Chi [W] 11.30-12.30 (INTERMEDIATE / ADVANCED)	6 February Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Learning to Draw [W] 1.00 - 2.30pm	7 February Move It! [W] 9.00 – 10.00am Cuppa & Chat [W] 2.00 – 3.30pm <u>Grow Share: Community Garden Group</u> [Angophora Paddock, 186 Old Main Road, Anna Bay] 1.30 – 4.00pm	8 February Italian for Beginners [G] 1.30 – 3.00pm Recorder [FB] 2.00pm	9 February Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Balance & Bones [W] 9.30-10.30am Poetry [G] 11.30-1.00pm
12 February Brain Games [G] 9.30 – 10.30am Tai Chi [W] 10.30-11.30 (BEGINNER) Tai Chi [W] 11.30-12.30 (INTERMEDIATE / ADVANCED)	13 February Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [G] 10.00 – 12.00 Guest Speaker [B] 1.30 – 3.00pm	14 February Move It! [W] 9.00 – 10.00am New Class - Chinese for Beginners [B] 9.30 – 10.30am Astronomy [B] 11.00 – 12.30am Short Stories [G] 2-3pm <u>Grow Share: Community Garden Group [AB]</u> 1.30 – 4.00pm	15 February Walk – 9.30 am CONROY PARK, CORLETTE, TO DUTCHIES BEACH Italian for Beginners [G] 1.30 – 3.00pm Recorder [FB] 2.00pm	16 February Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Balance & Bones [W] 9.30-10.30am Books & Reading [G] 1.30-2.30pm
19 February Tai Chi [W] 10.30-11.30 (BEGINNER) Tai Chi [W] 11.30-12.30 (INTERMEDIATE / ADVANCED) Non-Fiction Books – Read it! Share it! Discuss it! [G] 1.30 – 3pm	20 February Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Learning to Draw [W] 1.00- 2.30pm	21 February Move It! [W] 9.00 – 10.00am New Class - Chinese for Beginners [LP] 9.30 – 10.30am <u>Grow Share: Community Garden Group [AB]</u> 1.30 – 4.00pm Committee Meeting [LP] 2-3.30pm	22 February Italian For Beginners! [A] 1.30 – 3.00pm Recorder [FB] 2.00pm	23 February Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Balance & Bones [W] 9.30-10.30am Poetry [G] 11.30-1.00pm
26 February Brain Games [G] 9.30 – 10.30am Tai Chi [W] 10.30-11.30 (BEGINNER) Tai Chi [W] 11.30-12.30 (INTERMEDIATE / ADVANCED)	27 February Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Guest Speaker [B] 1.30 – 3.00pm	28 February Move It! [W] 9.00 – 10.00am New Class - Chinese for Beginners [B] 9.30 – 10.30am Astronomy [B] 11.00 – 12.30am Short Stories [G] 2-3pm <u>Grow Share: Community Garden Group [AB]</u> 1.30 – 4.00pm	29 February Walk – 9.30 am MORPETH HERITAGE WALK Italian for Beginners [G] 1.30 – 3.00pm Recorder [FB] 2.00pm	1 March Balance & Bones [W] 9.30-10.30am





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<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
4 March Tai Chi [W] 10.30-11.30 (BEGINNER) Tai Chi [W] 11.30-12.30 (INTERMEDIATE / ADVANCED)	5 March Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Learning to Draw [W] 1.00- 2.30pm	6 March Move It! [W] 9.00 – 10.00am New Class - Chinese for Beginners [LP] 9.30 – 10.30am Cuppa & Chat [W] 2.00 – 3.30pm Grow Share: Community Garden Group [AB] 1.30 – 4.00pm	7 March Italian for Beginners [G] 1.30 – 3.00pm Recorder [FB] 2.00pm	8 March Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Balance & Bones [W] 9.30-10.30am Poetry [G] 11.30-1.00pm
11 March Brain Games [G] 9.30 – 10.30am Tai Chi [W] 10.30-11.30 (BEGINNER) Tai Chi [W] 11.30-12.30 (INTERMEDIATE / ADVANCED)	12 March Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Guest Speaker [B] 1.30 – 3.00pm	13 March Move It! [W] 9.00 – 10.00am New Class - Chinese for Beginners [B] 9.30 – 10.30am Astronomy [B] 11.00 – 12.30am Short Stories [G] 2-3pm Grow Share: Community Garden Group [AB] 1.30 – 4.00pm	14 March Walk – 9.30am FENNINGHAM ISLAND TRAIL Italian for Beginners [G] 1.30 – 3.00pm Recorder [FB] 2.00pm	15 March Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Balance & Bones [W] 9.30-10.30am Books & Reading [G] 1.30-2.30pm
18 March Tai Chi [W] 10.30-11.30 (BEGINNER) Tai Chi [W] 11.30-12.30 (INTERMEDIATE / ADVANCED) Non-Fiction Books – Read it! Share it! Discuss it! [G] 1.30 – 3pm	19 March Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Learning to Draw [W] 1.00- 2.30pm	20 March Move It! [W] 9.00 – 10.00am New Class - Chinese for Beginners [LP] 9.30 – 10.30am Grow Share: Community Garden Group [AB] 1.30 – 4.00pm Committee Meeting [G] 2-3.30pm	21 March Italian for Beginners [A] 1.30 – 3.00pm Recorder [FB] 2.00pm	22 March Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Balance & Bones [W] 9.30-10.30am Poetry [G] 11.30-1.00pm
25 March Brain Games [G] 9.30 – 10.30am Tai Chi [W] 10.30-11.30 (BEGINNER) Tai Chi [W] 11.30-12.30 (INTERMEDIATE / ADVANCED)	26 March Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Guest Speaker [B] 1.30 – 3.00pm	27 March Move It! [W] 9.00 – 10.00am New Class - Chinese for Beginners [B] 9.30 – 10.30am Astronomy [B] 11.00 – 12.30am Short Stories [G] 2-3pm Grow Share: Community Garden Group [AB] 1.30 – 4.00pm	28 March Walk – 9.30am THREE PEAKS WALK Italian for Beginners [G] 1.30 – 3.00pm Recorder [FB] 2.00pm END OF TERM 1	29 March GOOD FRIDAY

All sessions without an explicit end-time are for one-hour duration.

Please seek medical advice, if necessary, before joining any physical activity.

Start of Term 2 2024 is Monday 29 April.

