



PS Third Age Learning – Term 1 Program Planner – 6 February – 31 March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
6 February – Start 1st Term Tai Chi [W] 10.30-11.30 (INTERMEDIATE) Tai Chi [W] 11.30-12.30 (BEGINNER/ADVANCED) Fun with Ukulele – the Three Peas! [G] 1.30– 2.30pm	7 February Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Learning to Draw [W] 1.00 - 2.30pm	8 February Discussion Grp [B] 9.30 – 10.30am Ancient History [B] 11.00 – 12.30am Creative Writing [G] 2-3pm	9 February Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Italian for Beginners! [G] 1.30 – 2.30pm Recorder [FB] 2.00pm	10 February Sourdough Workshop [Angophora Paddock, 186 Old Main Road, Anna Bay] 8.45 – 3pm Balance & Bones [W] 9.30-10.30am Non Fiction Reading [G] 1.30 – 3.00pm
13 February Brain Games [G] 9.30 – 10.30am Tai Chi [W] 10.30-11.30 (INTERMEDIATE) Tai Chi [W] 11.30-12.30 (BEGINNER/ADVANCED)	14 February Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [G] 10.00 – 12.00 Guest Speaker [B] 1.30 – 3.00pm	15 February Forensic Crime Solutions [W] 11.00 – 12pm Bowling [SP] 10-12pm	16 February Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Walk – 9.30 am CONROY PARK, CORLETTE, TO DUTCHIES BEACH Recorder [FB] 2.00pm	17 February Balance & Bones [W] 9.30-10.30am Books & Reading [G] 1.30-2.30pm
20 February Tai Chi [W] 10.30-11.30 (INTERMEDIATE) Tai Chi [W] 11.30-12.30 (BEGINNER/ADVANCED) Fun with Ukulele – the Three Peas! [G] 1.30– 2.30pm	21 February Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Learning to Draw [W] 1.00- 2.30pm Committee Meeting [LP] 2.30-4.00pm	22 February Discussion Grp [B] 9.30 – 10.30am Ancient History [B] 11.00 – 12.30am Creative Writing [G] 2-3pm	23 February Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Italian For Beginners! [G] 1.30 – 2.30pm Recorder [FB] 2.00pm	24 February Balance & Bones [W] 9.30-10.30am Poetry [G] 11.30-12.30am
27 February Brain Games [G] 9.30 – 10.30am Tai Chi [W] 10.30-11.30 (INTERMEDIATE) Tai Chi [W] 11.30-12.30 (BEGINNER/ADVANCED)	28 February Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Guest Speaker [B] 1.30 – 3.00pm	1 March Forensic Crime Solutions [W] 11.00 – 12pm Cuppa & Chat [W] 1.30-3.00pm (NEW TIME)	2 March Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Walk – 9.30 am FLY POINT to LITTLE BEACH, ANZAC Park and SURROUNDS Recorder [FB] 2.00pm	3 March Balance & Bones [W] 9.30-10.30am





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20 March Tai Chi [W] 10.30-11.30 (INTERMEDIATE) Tai Chi [W] 11.30-12.30 (BEGINNER/ADVANCED) Fun with Ukulele – the Three Peas! [G] 1.30– 2.30pm	21 March Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Learning to Draw [W] 1.00- 2.30pm	22 March Discussion Grp [B] 9.30 – 10.30am Ancient History [B] 11.00 – 12.30am Creative Writing [G] 2-3pm	23 March Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Italian for Beginners! [G] 1.30 – 2.30pm Recorder [FB] 2.00pm	24 March Balance & Bones [W] 9.30-10.30am Poetry [G] 11.30-12.30pm
27 March Brain Games [G] 9.30 – 10.30am Tai Chi [W] 10.30-11.30 (INTERMEDIATE) Tai Chi [W] 11.30-12.30 (BEGINNER/ADVANCED)	28 March Mahjong [W] 9.30 – 12.00 Cryptic Crosswords [LP] 10.00 – 12.00 Guest Speaker [B] 1.30 – 3.00pm	29 March Committee Meeting [LP] 2-3.30pm	30 March Grow Share: Community Garden Group [Angophora Paddock, 186 Old Main Road, Anna Bay] 9-12 Walk – 9.30am FISHERMANS BAY TO KINGSLEY BEACH Recorder [FB] 2.00pm	31 March Balance & Bones [W] 9.30-10.30am END OF TERM 1

All sessions without an explicit end-time are for one-hour duration.

Please seek medical advice if necessary, before joining any physical activity.

Start of Term 2 2023 is Monday 24 April.

