

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
22 July - <i>Start of 3^d Term</i> Brain Games [G] 9.30am Tai Chi [W] 10.30-12pm Craft [G] 2-3.30pm	23 July Games [W] 9.30 – 12pm Writing [G] 1.30 - 3pm	24 July Two by Two [B] 10.30am Short Stories [G] 2pm	25 July Astronomy [G] 10.30am Music [G] 1.30pm Recorder [FB] 1.30pm	26 July Balance & Bones [W] 9.30am Poetry [G] 11am
29 July Tai Chi [W] 10.30-12pm	30 July Games [W] 9.30 – 12pm	31 July National Tree Day Australia	1 August Walk- Birubi 10am Recorder [FB] 1.30pm	2 August Balance & Bones [W] 9.30am
5 August Discussion [G] 9.30am Tai Chi [W] 10.30-12pm French [G] 2pm	6 August Games [W] 9.30 – 12pm Guest Speaker [B] 1.30pm	7 August CUPPA & CHAT [W] 2.30pm	8 August Astronomy [G] 10.30am Music [G] 1.30pm Recorder [FB] 1.30pm	9 August Balance & Bones [W] 9.30am Poetry [G] 11am Reading NF [G] 2 – 3.30pm
12 August Brain Games [G] 9.30am Tai Chi [W] 10.30-12pm Craft [G] 2-3.30pm	13 August Games [W] 9.30 – 12pm Writing [G] 1.30 – 3pm	14 August Two by Two [B] 10.30am Short Stories [G] 2pm	15 August Walk- Bagnalls Beach 10am Recorder [FB] 1.30pm	16 August Balance & Bones [W] 9.30am Books & Reading [G] 1.30pm
19 August Discussion [G] 9.30am Tai Chi [W] 10.30-12pm French [G] 2pm	20 August Games [W] 9.30 – 12pm Guest Speaker [B] 1.30pm	21 August Bowling [SP] 10 – 12pm	22 August Astronomy [G] 10.30am Music [G] 1.30pm Recorder [FB] 1.30pm	23 August Balance & Bones [W] 9.30am Poetry [G] 11am

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
26 August Brain Games [G] 9.30 Tai Chi [W] 10.30-12pm Craft [G] 2-3.30pm	27 August Games [W] 9.30 – 12pm Writing [G] 1.30 - 3pm	28 August Two by Two [B] 10.30am Short Stories [G] 2pm	29 August Day Trip to Widden Valley meet 8am at Salamander Bus Stop	30 August Balance & Bones [W] 9.30am
2 September Discussion [G] 9.30am Tai Chi [W] 10.30 -12pm French [G] 2pm	3 September Games [W] 9.30 – 12pm Guest Speaker [B] 1.30pm	4 September CUPPA & CHAT [W] 2.30pm	5 September Walk - Soldiers Pt10am Recorder [FB] 1.30pm	6 September Balance & Bones [W] 9.30am
9 September Brain Games [G] 9.30 Tai Chi [W] 10.30-12pm Craft [G] 2-3.30pm	10 September Games [W] 9.30 – 12pm Writing [G] 1.30 - 3pm	11 September Two by Two [B] 10.30am Short Stories [G] 2pm	12 September Astronomy [G] 10.30am Recorder [FB] 1.30pm	13 September Balance & Bones [W] 9.30am Poetry [G] 11am Reading NF [G] 2 – 3.30pm
16 September Discussion [G] 9.30am Tai Chi [W] 10.30-12pm French [G] 2pm	17 September Games [W] 9.30 – 12pm Guest Speaker [B] 1.30pm	18 September Bowling [SP] 10 – 12pm	19 September Walk – Stockton 9am Recorder [FB] 1.30pm	20 September Balance & Bones [W] 9.30am Books & Reading [G] 1.30pm <i>End of Term 3</i>

All sessions without an explicit end-time
are for one hour duration

Please seek medical advice if necessary
before joining any physical activity

Start of Term 4 is
Monday 14th October