

# Port Stephens Third Age Learning



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Autumn Newsletter,  
April 2019



## **President's message : *Hello everyone***

Welcome back after Easter. After a long hot summer we finally had some good rain and the cooler weather is most welcome. I feel it is such a pity that autumn is so short.

I hope that you all had a very enjoyable break. Those that made it to our mid-term breakfast would have had a great time. The year started with all courses progressing well with our great presenters as enthusiastic as ever and our Tai Chi course starting with a very large, keen group. A new Dance class is about to start and includes all types of dance from Ballroom through to Rock 'n Roll running alternate Wednesday afternoons from 4 to 6pm.

It is with regret that Maggie Thompson informed us that she will no longer be able to continue as our secretary. Maggie spent a good effort coming up to speed in this critical role but some health issues have made it difficult to continue. Thank you Maggie for your help. For the moment Judith will step in to the secretary role again and Jean as Program Co-ordinator whilst we look for someone else to join the Committee. Thank you both for your support.

Jean and John have just returned from the annual U3A NSW conference in Tamworth where they were able to meet with like minded U3A people and share ideas. I was unable to go this time as I was busy cruising around some Pacific islands—such a hard life!

I was however able to join a happy busload to Canberra in January and the highlight was the Wonderful artwork at the National Art Gallery. The photos below show this happy group. Thank you Paul for another great visit.

On the subject of trips, Don't forget that Narelle has a great day trip to the Hunter Valley planned for Thursday 30 MAY 2019. Details are on the next page.

Also, Paul Whittemore is planning another of his great cruises to New Zealand in November. With only a few good cabins left you need to hurry if you wish to join him.

**Alan Young**



Port Stephens U3A + Aldinga Canberra AAA Tour 2019



Port Stephens U3A + Aldinga Canberra AAA Tour 2019

### Notes for your attention:

1. This year we have a large number of new members so please make them welcome.
2. Remember that our **constitution**, our program and this newsletter are also on our website at: <http://portstephens.u3anet.org.au>
3. If you know of suitable future **guest speakers** please see Helen Karsten or myself. Of course our own members often qualify as excellent speakers.
4. Also if you would be prepared to give a course which could be as short as 2 sessions, 2 terms or 2 years please contact us.

**Fees for 2019 are now overdue and you will not receive programs if you have not paid. Please see Treasurer John Garside if you are unsure.**

### Upcoming Coach Trip to the Hunter Valley with Narelle on Thursday 30 MAY

A great day trip is planned for Thursday 30 MAY departing 8.30am, Return 5.00pm.

The cost of \$30pp includes bus travel, wine & cheese tasting. Please pay at Cuppa & Chat on Wednesday 1st May. To avoid queuing please bring payment in an envelope labelled with your name/s and amount. You may wish to bring a picnic lunch or buy lunch at your own cost (see below).

Departing from Salamander Shopping Centre Bus Stop at 8.30am, we will travel aboard a Port Stephens Coach to the **Hunter Valley**. Our first stop will be **Ben Ean (formerly Lindeman's Winery)** where we will **taste various wines and cheese** (provided by cheese shop located in winery complex). Then to **Harrigan's Irish Pub** where you can purchase **lunch** (or enjoy your own picnic lunch). Then we will travel down the road to the **Hunter Valley Shopping Village** to explore shops, eateries, and a stroll through park / gardens.

Finally we will visit **Hunter Valley Visitors Centre** where there is a café (afternoon tea at own expense, if you wish), rest rooms, displays of art and other goodies. The trip home should see us arrive back at Salamander Shopping Centre Bus Stop at approximately 5pm.

For any questions please contact Narelle Mann on: **0404 897 993**

### Up and coming dates for your diary:

- ◆ **The first sessions for term 2 start on 29th April**
- ◆ **Our Next Cuppa & Chat is on Wednesday 1st May at 2.30pm.**
- ◆ **U3A Excursion to Hunter Valley is on 30th May 2019 at 8.30am**